

**Hays CISD**  
**School Health Advisory Council**  
**Minutes**  
**Wednesday, February 12, 2025**  
**11:30 AM – 1:00 PM In Person MEETING**  
**Academic Support Center, First Floor Training Rooms**

**Members Present**

Megan Benthall	Kristen Cearbaugh
Diana Woods	Dusty Gibbs (non-voting)
Whitney Self	Suzanne VanVelson
Thomas Stone	Angelica Solis (non-voting)
Robin Goffena	Diana Diaz
Erica Renger (non-voting)	Nicole Hartman
Jeri Skrocki (non-voting)	Leandre Walls (guest attendee)

- I. Welcome and Call to Order – *11:43 am*
- II. Disclosure of Recording of Meeting
- III. Review of Minutes from November 13, 2024 – *Motion made by Nicole Hartman, 2<sup>nd</sup> by Whitney Self*
- IV. Committee Updates
  - a. Physical Activity - *Whitney Self commented on the current status of the committee and how they will be focusing on how to help campuses increase recess time.*
  - b. Child Nutrition - *Thomas Stone gave an update on the Garden towers with a focus on Tobias and Lehman working together. He also briefed us on ongoing programs and the DairyMax grant. And he briefed us on possible federal changes to the free- and reduced meal programs.*
  - c. Wellness Plan - *Megan Benthall updates us on the committee continuing to go line by line and making updates based on the previous meeting. Will be brought to SHAC once complete for review.*
- V. Kids Teaching Kids: Healthy Lifestyles – *presentation posted on SHAC website*
  - a. Ryan Eason
- VI. Open Discussion - *none*
- VII. Closing / Adjournment – *12: 36 pm*

Future SHAC meeting dates

SHAC meetings are from 11:30-1:00 on the scheduled dates below.

- **May 7, 2025**

***Mission***

"We the Hays CISD SHAC will endeavor to create an environment that nurtures physical, mental, emotional, spiritual, and social health so students can learn at their highest potential."

***Vision***

"We the Hays CISD SHAC, envision a productive, diverse community, whose members are emotionally, physically, spiritually, socially and intellectually healthy."